

# ANXIETY DISORDERS WEBINAR

Wednesday 2 June 2021

13:00 – 14:00

Chaired by Dr Nicola Flower, GP CPD Lead for West Wales

## Overview

The Covid-19 pandemic is likely to lead to the increasing prevalence of a range of mental health conditions. This is likely to be even more of an issue with anxiety disorders related to fear of contamination and health anxieties. Supporting those with anxiety disorders is an important aspect of primary care. Being equipped with the tools to assess severity and associated risks are critical to knowing which patients require escalation to secondary mental health services for further intervention.

In this interactive webinar we will discuss the range of anxiety disorders including the epidemiology, clinical features, aetiological factors and management. The use of example cases will facilitate further discussion throughout the webinar.

**Speaker:** Dr Ian Collings, Consultant Psychiatrist & Honorary Clinical Senior Lecturer, Swansea Bay UHB; HEIW Medical Deanery Director of Medic Professional Support & Development.

**Designed for:** GPs. Other allied medical professionals are very welcome to attend.

**Format:** A presentation followed by the opportunity to direct questions to the expert speaker during the webinar.

To register for this webinar, please visit <https://gpcpd.heiw.wales/study-days/>

*This session will be recorded for quality improvement purposes, but you will be able to disable your camera during the session.*

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