

DIABETES SERIES

Insulin Resistance and Prediabetes

Monday 22 November 2021

13.00-14.00

Chaired by Dr David Lupton, GP CPD Lead for North Wales

Overview

Prevention is better than cure!

Join us for a webinar to uncover the metabolic changes that occur in the decades before the symptoms of Type 2 Diabetes occur.

Insulin resistance underpins many chronic diseases; from hypertension to polycystic ovarian disease, from obesity to dementia and most notably Type 2 Diabetes. Yet it is largely unknown and unidentified amongst healthcare professionals. We aim to unpick the signs, understand the importance and identify the patients at risk. Within this session we will understand why looking for the root cause of disease is critical in its management.

A session designed for busy GPs; we will discuss how to implement important lifestyle measures to be delivered in minutes in an attempt to halt the development of Type 2 Diabetes.

Speaker: Dr Nerys Frater, GP. Hywel Dda UHB.

Designed for: GPs. Other allied medical professionals like Pharmacists and ANPs are very welcome to attend.

Format: A presentation followed by the opportunity to direct questions to the expert speaker during the webinar.

To register for this webinar, please visit <https://gpcpd.heiw.wales/study-days/>

This session will be recorded for quality improvement purposes, but you will be able to disable your camera during the session.

Revalidation Support Unit, Health Education and Improvement Wales,
Ty Dysgu, Cefn Coed, Nantgarw. CF15 7QQ.