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Addysg a Gwella Iechyd  
Cymru (AaGIC)  
Health Education and  
Improvement Wales (HEIW)

## PMS/PMDD

Wednesday 24 April 2024

7:00 - 8:00pm

Chaired by Dr Sarah Tamplin, GP CPD Lead for West Wales

### Overview

Premenstrual syndrome is a chronic condition experienced by menstruating women which is characterised by distressing physical, behavioural and psychological symptoms that regularly recur during the luteal phase of the menstrual cycle. These symptoms disappear or significantly diminish by the end of menstruation. PMDD is a severe form of PMS. Approximately 800,000 women in the UK are suffering with severe PMS/PMDD.

In this session, we will hear the journey of 3 women diagnosed with PMDD. We will discuss the presentation, aetiology and management of this condition in Primary Care as well as when to consider onward referral.

**Speaker:** Dr Michelle Olver, Consultant in Sexual and Reproductive Health, ABUHB.

**Designed for:** GPs. Other allied medical professionals are very welcome to attend.

**Format:** A presentation followed by the opportunity to direct questions to the expert speaker during the webinar.

To register for this webinar, please visit <https://gpcpd.heiw.wales/study-days/>

*This session will be recorded for quality improvement purposes, but you will be able to disable your camera during the session.*

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