

Smoking Cessation Quiz

Question 1

Marks: --/1

Brief advice from a Physician results in what per cent of smokers still abstinent at six months or longer? Choose one answer.

- a. 4%
- b. 5%
- c. 6%

Question 2

Marks: --/1

Compared to non-smokers, women who smoke during pregnancy have an increased risk of which of the following conditions? Choose one answer.

- a. Low birth weight baby (<2500g)
- b. Pre-term birth
- c. Ectopic Pregnancy
- d. Spontaneous abortion
- e. Premature rupture of membranes (PROM)
- f. Perinatal mortality (still birth and neonatal death)
- g. Placenta previa
- h. Placenta abruption
- i. Sudden Infant Death syndrome (SIDS)
- j. All of the above

Question 3

Marks: --/1

Nicotine replacement therapy can be prescribed to pregnant women.

Answer:

- True False

Question 4

Marks: --/1

Nicotine is absorbed fastest from which NRT product? Choose one answer.

- a. Inhalator
- b. Nasal spray
- c. Patch

Question 5

Marks: --/1

Nicotine replacement therapy should not be prescribed to 12-18 year olds.

Answer:

- True False

Question 6

Marks: --/1

Which of the following benefits may be expected if a patient quits smoking before elective surgery?

Choose one answer.

- a. Fewer lung, heart and infectious complications
- b. Better bone fusion after fracture and improved wound healing
- c. Less likely to be admitted to an intensive care unit
- d. Shorter length of stay in hospital

- e. All of the above

Question 7

Marks: --/1

Which statement is the most accurate description of the Stop Smoking Wales service:

Choose one answer.

- a. Stop Smoking Wales is a free NHS service for adult smokers who want to stop smoking
- b. Stop Smoking Wales is a 12 month programme for anyone who smokes to stop
- c. Stop Smoking Wales is a telephone helpline for smokers who are thinking about giving up smoking

Question 8

Marks: --/1

Stop Smoking Wales provides support for clients to stop smoking over how long? Choose one answer.

- a. 2 weeks
- b. 7 Weeks
- c. 6 months
- d. Indefinitely

Question 9

Marks: --/1

How many more times likely are you to stop smoking using an NHS stop smoking service than if you go it alone? Choose one answer.

- a. two
- b. four
- c. ten