

Assessment for Smoking Cessation module

Question 1

Marks: 1/1

Brief advice from a Physician results in what per cent of smokers still abstinent at six months or longer?

Choose one answer.

- a. 4%
✗
- b. Brief advice from a physician results in 5% of smokers still abstinent at six months or longer. Brief intervention is an effective and cost-effective population based approach and can be done by a range of healthcare professionals.
✓
- c. 6%
✗

Correct

Marks for this submission: 1/1.

Question 2

Marks: 1/1

Compared to non-smokers, women who smoke during pregnancy have an increased risk of which of the following conditions?

Choose one answer.

- a. Low birth weight baby (<2500g) ✗
- b. Pre-term birth ✗
- c. Ectopic Pregnancy ✗
- d. Spontaneous abortion ✗
- e. Premature rupture of membranes (PROM) ✗
- f. Perinatal mortality (still birth and neonatal death) ✗
- g. Placenta previa ✗
- h. Placenta abruption ✗
- i. Sudden Infant Death syndrome (SIDS) ✗
- j. All of the above ✓

Correct

Marks for this submission: 1/1.

Question 3

Marks: 1/1

Nicotine replacement therapy can be prescribed to pregnant women.

Answer:

- True ✓ False ✗

BNF advises the following:

- Use only if smoking cessation without NRT fails.
- Intermittent NRT is preferable over patches but avoid liquorice-flavoured NRT products
- Patches may be useful in pregnancy-related nausea and vomiting
- If patches are used they should be removed before going to bed

Correct

Marks for this submission: 1/1.

Question 4

Marks: 0/1

Nicotine is absorbed fastest from which NRT product?

Choose one answer.

- a. Inhalator ✗
- b. Nasal spray ✓
- c. Patch ✗

Incorrect

Marks for this submission: 0/1.

Question 5

Marks: 0/1

Nicotine replacement therapy should not be prescribed to 12-18 year olds.

Answer:

- True ✗ False ✓

Incorrect

Marks for this submission: 0/1.

Question 6

Marks: 1/1

Which of the following benefits may be expected if a patient quits smoking before elective surgery?

Choose one answer.

- a. Fewer lung, heart and infectious complications ✗
- b. Better bone fusion after fracture and improved wound healing ✗
- c. Less likely to be admitted to an intensive care unit ✗
- d. Shorter length of stay in hospital ✗
- e. All of the above ✓

All of the above can be cited as expected benefits for patients who quit smoking between 6-8 weeks before elective surgery.

Correct

Marks for this submission: 1/1.

Question 7

Marks: 1/1

Which statement is the most accurate description of the Stop Smoking Wales service:

Choose one answer.

- a. Stop Smoking Wales is a free NHS service for adult smokers who want to stop smoking ✓
- b. Stop Smoking Wales is a 12 month programme for anyone who smokes to stop ✗
- c. Stop Smoking Wales is a telephone helpline for smokers who are thinking about giving up smoking ✗
- Stop Smoking Wales is a free NHS service provided across the country to adult smokers who are motivated and want to stop smoking.

Correct

Marks for this submission: 1/1.

Question 8

Marks: 0/1

Stop Smoking Wales provides support for clients to stop smoking over how long?

Choose one answer.

- a. 2 weeks ✗
- b. 7 Weeks ✓
- c. 6 months ✗
- d. Indefinitely ✗

Incorrect

Marks for this submission: 0/1.

Question 9

Marks: 0/1

How many more times likely are you to stop smoking using an NHS stop smoking service than if you go it alone?

Choose one answer.

- a. two ✗
- b. four ✓
- c. ten ✗

Incorrect

Marks for this submission: 0/1.